

Pastor: Rev. Trey Hegar
Organist/Bell Choir Director: Marj Thimmesch
Choir Director: Marlene DePriest
Congregational Ministries Director: Rev. Sarah Hegar
AV Technician & Web Coordinator: Leo Clark
Office Assistant: Mariah Giberson
Custodians: Robert Luth

The mission of the First Presbyterian Church, Mt. Pleasant is to encourage and nurture diverse expressions of the love of Christ in our congregation and community, and to embrace Christ centered ministries around the world.

Financial Secretary: Ginnie Swarm
Treasurer: Marvin Bricker
Bookkeeper: Deborah Sinclair

FIRST PRESBYTERIAN CHURCH
902 SOUTH WALNUT
MOUNT PLEASANT IA 52641

Non-Profit Org.
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Permit #90
Mt. Pleasant, IA 52641

Highlights

9:45 AM Sundays
In-person and YouTube Live
Fellowship Time to follow
Recorded services online - see webpage

Address Service Requested

New Member Class

Sunday, November 6, 3-5 PM

Book Group

Thursday, November 10, 7 PM

Hanging of Greens

Sunday, November 20 following Worship



ALERT



First Presbyterian Church 319-986-5851

Mount Pleasant, IA 52641 <http://www.firstpresbyonline.org>

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"30 days Thanksgiving"

Fall is upon us and Thanksgiving fast approaching. It is a good season to reflect on what we are thankful for and practice daily gratitude. I hope you will join us to practice 30 days of Thanksgiving.

A research study from Harvard University confirms that gratitude is strongly and consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships. The Bible also instructs to give thanks in all things.

Look on our church Facebook page or check the weekly email for scriptures and prompts for sharing gratitude. We will also have these available at the church for those who don't use social media or email.

Over the next month we will share examples of thanksgiving and gratitude from the Bible that are fitting for so many of life's special moments, milestones, and more—health, friends, family, and joyous times. We will join the people of God in giving thanks for good things like a home, our daily bread, a day of rest, and simply for the beauty of the earth.

We will also share stories of people giving thanks during hard times, too. For example, Paul gives thanks to God after he is arrested, beaten, and imprisoned. He prays with gratitude to God because the grace of Jesus became his strength when he was weak. Job also gave thanks to God during a difficult time. He thanked God after his family died because he was grateful to have known the blessings and joy of family.

The Bible lifts up thankfulness as a prayer in good times and bad. It is spiritually and emotionally healthy for us to do the same. Please join us in 30 days of thanksgiving as we give thanks to God, Jesus, and the Spirit of all life. Amen.

*Blessings,
Rev. Trey Hegar*

Session Highlights

Session met on Monday, October 10. It was moved, seconded, and passed to approve the Scouts using the Fellowship Hall on Saturday, November 12 from 6-9 PM. It was also approved to receive the Nominating Committee Report in lieu of the Congregational Meeting on Sunday, October 30.

Other discussion at Session included committee's budget requests, thank you's for those supporting various aspects of church operations, and the possibility of alternate worship service. It was decided that a task force will be undertaking the project of updating the Church Bylaws and Committees structure/policies. There will also be a new member class to be held in November. Session will meet again on Monday, November 14 at 6 PM in Peter's Room.

November Worship Helpers

Sunday Morning Building Assistant: **Chuck Albright**

Financial Clerk: **Tom Ellsworth**

Greeters: **Curt & Ginnie Swarm**

Sunday, Nov.6 Communion Preparer: **Pat Richenberger**

Liturgists:

Nov. 6 **Carol Chestnut** Nov. 13 **Matt Lawler**

Nov. 20 **Mary Beth Young** Nov. 27 **Carol Chestnut**

Treasurer's Report for September 2022

SEPTEMBER 2022	CURRENT MONTH	CURRENT MONTH	YEAR TO DATE	YEAR TO DATE	2022 YEAR
	<u>ACTUAL</u>	<u>BUDGET</u>	<u>ACTUAL</u>	<u>BUDGET</u>	<u>BUDGET</u>
General Pledges	\$14,177.00	\$21,094.00	\$213,048.00	\$189,853.00	\$235,138.00
From Endowment Fund	\$0.00	\$6,102.00	\$0.00	\$54,914.00	\$73,219.04
Other Revenue	\$11,570.00	\$263.00	\$23,460.00	\$19,363.00	\$20,150.00
Total Revenue	\$25,747.00	\$27,459.00	\$236,508.00	\$264,130.00	\$328,507.04
EXPENSES					
Pastor	\$12,387.00	\$10,314.00	\$87,001.00	\$93,279.00	\$124,671.82
Personnel	\$9,053.00	\$9,788.00	\$81,109.00	\$90,479.00	\$120,222.22
Worship and Music	\$43.00	\$325.00	\$2,426.00	\$2,925.00	\$3,900.00
Adult Christian Education	\$0.00	\$192.00	\$235.00	\$1,725.00	\$2,300.00
Youth Christian Education	\$211.00	\$1,208.00	\$3,797.00	\$8,375.00	\$10,000.00
Stewardship	\$2,978.00	\$1,308.00	\$3,372.00	\$3,375.00	\$4,200.00
Building and Grounds	\$4,966.00	\$3,454.00	\$23,510.00	\$20,587.00	\$27,450.00
Operations	\$672.00	\$642.00	\$5,954.00	\$5,775.00	\$7,700.00
Technology	\$25.00	\$379.00	\$131.00	\$3,412.00	\$4,550.00
Mission	\$506.00	\$4,043.00	\$15,245.00	\$18,885.00	\$23,513.00
Special Giving	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Total Expenses	\$30,841.00	\$31,653.00	\$222,780.00	\$248,817.00	\$328,507.04
CASH INCREASE (DECR)	(\$5,094.00)	(\$4,194.00)	\$13,728.00	\$15,313.00	\$0.00

Special thanks to **Ginnie Swarm, Deb Sinclair, Marvin Bricker** and our **financial clerks** for all of their work.

Jeff Willham, Stewardship Chair

Tithes and Offerings

We ask that you continue to give to the church, so we can continue to help and support our community programs and offer programs and support to you. You may drop off your checks in the office, mail your checks to 902 S. Walnut St. or give online by copying this link <https://bit.ly/2x46F6l>.
Rev. Trey Hegar

New Member Class

Sunday, November 6 3-5 PM

There will be a new member class on Sunday, November 6 from 3-5 PM in Peter's Room. Those interested in joining our church as a member are invited to come to class. If you are interested and want more information, please contact the church office.

Bell Rehearsal Schedule for November

Soul Duo will play for the church on Sunday, November 6, and **Sound of 11** will play on Sunday, November 20. The following is the rehearsal schedule for month of November:

Wed. Nov. 2	5:30 –5:55 Soul Notes 5:55—6:10 Soul Duo + piano 6:15—7:15 Sound Appeal
Wed. Nov. 9	5:40—6:10 Soul Notes without Natalie 6:15—7:15 Sound Appeal
Wed. Nov. 16	5:20—Soul Duo 5:40—Soul Notes 6:15—Sound Appeal
Wed. Nov. 23	NO REHEARSALS
Wed. Nov. 30	5:20 Soul Duo 5:40 Soul Notes 6:15 Sound Appeal

Presbyterian Women

PW will meet on Tuesday, November 3 at 1:30 PM in the Gathering Space. **Dee Benge** will host, **Mary Beth Young** will cover the devotions, and **Charlene Hinrichs** will cover the lesson. All women are welcome to attend.

Reminder that the PW Christmas Luncheon is coming up on Thursday, December 1 at 1:30 PM in the Fellowship Hall. More information will be provided as the date gets closer.

Fellowship & Book Study

Sunday, November 6 & Sunday, December 4

You're invited to participate in a time of Sabbath Renewal. Grab a cookie and coffee during hospitality time then head down to the Fellowship Hall to for a study in Sabbath Renewal.

Based on the works of Dr. Walter Brueggemann's book *Sabbath as Resistance: Saying No to the Culture of Now* and the book *Slow Church: Cultivating Community in the Patient Way of Jesus* by C. Christopher Smith and John Pattison, these first Sundays of the month will focus on Sabbath as Stewardship and how to incorporate Sabbath rest into our daily lives with practical methods.

Rather than leaving the church immediately, come sit, relax, and grow with each other and dwell with the Spirit of new life.

New "Prayerground" in the Sanctuary

We invite people of all ages to our church to worship God. We want to especially welcome families with young children and babies. To that end, a "Prayerground" has been created in the back of the sanctuary for little ones. This is an area where kids can relax and play quietly during worship. We ask that during the sermon children sit with their parents or go to the nursery. We also have a weekly Children's Bulletin

Book Group

Book Groups will meet on Thursday, November 10 at 7 PM in the Gathering Space. Discussion will be over the month's book, *The Feather Thief: Beauty, Obsession, and the Nature Heist of the Century* by Kirk Wallace Johnson. All are invited to come and join in the discussion and fellowship.

Book Group will not meet in December and will reconvene in January. The January book is *Search* by Michelle Huneven.

Hanging of Greens

Hanging of the Greens will happen on Sunday, November 20 after Worship. All are welcome to stay and help.

Music Task Force

The Music Task Force would like to thank all who turned in the music surveys. Your input is greatly appreciated as it will guide our leadership teams ability to bring forward the best of our past as they look toward the future. Please offer prayers of gratitude for the wonderful music ministry **Marj and Marlene** have led and pray for the future of our church as we search to find music leaders who will be able to carry forward our tradition of inspired worship through song and music. The Music Task Force includes **Lynn Ellsworth, Jeff Epperson, Sarah & Trey Hegar, Steve Readinger, Erin Stensvaag, Barb & Bob Welander, and Robyn Willham.**

Tidings of Joy? Facing the Holidays When Grieving

Wednesday, November 9 at 5:30 PM

Olson Powell Memorial Chapel

Please join us Wednesday, November 9, 2022, at 5:30 PM at Olson Powell Memorial Chapel when Joan Rodgers, will present "Tidings of Joy? Facing the Holidays When Grieving." The program will conclude with a brief candlelight memorial service.

Grief is overwhelming. The long holiday season from October to January, along with winter weather can be a difficult season. Come hear some thoughts and ideas—for those who are grieving and for those who are supporting grieving people. All are welcome to attend.

Joan Rodgers is a retired hospice and bereavement worker with advanced studies in the area of grief. If you have any questions, please feel free to call 319-385-1998 or email: morgan@powellfuneralhomes.com



IowaWINS

IowaWINS continues to look for opportunities to bring community members from all backgrounds together.

Activities over the last couple of months include:

- Participation in the Iowa Wesleyan Community Welcoming
- Latinos for Washington Festival
- UNIFY youth group International Potluck in Central Park
- PCUSA Peacemaker **Carmen Elena Dias Anzora** presentation/potluck at the church
- UNIFY members attended the University of Iowa Latinx Summit
- Kiwanis presentation

Also in October, UNIFY (Uplifting Needs of Immigrant Families through Youth leadership) became a 4-H Club with even more support and resources. IowaWINS will continue to support this 4H club.

Nutrimos continues to provide fresh (on Wednesdays) and frozen meals to the community. The contributions for the meals come back with a tithe to the church and the remainder to IowaWINS to assist with the food pantry. Nutrimos is pleased to announce that the third quarter contributions are almost \$1,000 for the pantry and over \$100 in a tithe to the church. Please continue to share information and menus with your friends and coworkers. This benefits the clients who purchase meals and the immigrant community. We have had several members of the immigrant community volunteering with our regular Nutrimos volunteers. It has been fun working on our communication across languages with smiles being the most effective!

The IowaWINS Annual Meeting will recognize our officers including:

President – **Jeff Fager**

Vice- President – **Sam Riepe**

Secretary – **Bob Mueller**

Treasurer – IowaWINS – **Nancy Tometich**

Treasurer – Nutrimos – **Tammy Shull**

Executive Board Members: **David Suarez, Ed Kropa, Martha Wiley**

Martha Wiley's long service (4+ years) as the IowaWINS treasurer was recognized and IowaWINS remains grateful for her dedication and careful handling of IowaWINS financials. The guest speakers for the Annual Meeting are the UNIFY 4H Club.

Following the Annual Meeting is a potluck and a listening session focused on the immigrant community and their hopes and dreams for the future. More on that next month!

Remember Meals by Nutrimos

Meals by Nutrimos offers a variety of freezer meals to purchase in order to help support the IowaWINS food pantry. You can place orders online at iowawins.net/meals-by-nutrimos, by phone at **319-986-5851**, or in person **Monday through Friday, 9 AM – 2 PM in the church office**. Orders are also accepted on the **first and third Sunday after service (10:45 – 11:15 AM and Wednesdays from 3 – 6 PM in the Fellowship Hall** (with the option of a hot meal). These times do not change unless an announcement is made.

Meals by Nutrimos would like to thank its customers and volunteers for their continuous support of our meal ministry!

Make sure you keep up to date on all the things happening at Meals by Nutrimos by liking our Facebook page at <https://www.facebook.com/mealsbynutrimos>.

VOLUNTEERS NEEDED

Are you able to help prepare Nutrimos meals that support the food pantry? We need 1-2 people to work Wednesday afternoons for two or more hours between 2-6 PM. Volunteers are requested to work at least once a month. If you are interested in becoming a Meals by Nutrimos volunteer, please contact the church office.

PW Rummage Sale Thank You

With everyone's help on October 7, 2022 and October 8, the 2022 Rummage Sale and Bake Sale was a success.

Thank you to Press On for setting up the tables and clothes racks on Wednesday night, so we could start putting out rummage sale items first thing Thursday morning. Thank you to everyone who helped Thursday, Friday, and Saturday - whether it be bringing rummage sale and baked good items to sell, hanging clothes on the racks, putting items on the tables, or helping during the sale Friday and Saturday. Thanks to everyone who helped Saturday afternoon boxing items up and putting the clothes racks and tables away.

The remaining items from the sale were picked up by the Quarter Maybe More store Monday morning.

Here are the results of the Rummage & Bake Sale:

Bake Sale	\$273.00
Rummage Sale	\$1,049.75
Subtotal	\$1,322.75
Less Advertising	\$49.78
Total	\$1,272.97

The proceeds from the Rummage Sale and Bake Sale go toward mission projects. Thank you again for everyone's help and support. I really appreciated it!

Pat Richenberger, Chair

To the loving hands of the Prayer Quilt Mission, Andrew received chemo on Wednesday, and we came home to a beautiful quilt on our front step. It made us smile and lightened our load for a moment (even the card is a work of art). We are so grateful to live in such a caring, doing community of faith. Please keep him in your prayers as we continue down our scary, grueling treatment path.

With love, Dave, Becky, and Andrew Rauenbuehlers

Thank you to everyone for the kind words, cards, and hospitality at the funeral services for my mother. The church family is very important at times like this. Thank you for the support and comfort during our time of loss.

Martha and Duane Wiley

PRAYER CONCERNS:

- **Pat Richenberger, Jean Church, Sandy Memler**
- **Kelly Allen's niece, Marie Crews, who was diagnosed with breast cancer**
- **Kent Bennett, Jennifer Dorothy, Andrew Rauenbuehler**
- **Pastor Trey's sister, Dianne Hegar Helms**
- **Lois Roth's brother (Mark Veldhizen) & sister-in-law (Kim Velduizen)**
- **Our shut-ins and those in care centers**
- **Our nation/world, as they and we deal with COVID-19**
- **Ukraine & its people**
- **Florida and those dealing with the aftermath of Hurricane Ian**

"LIKE and SHARE"

Our Church Events on Facebook and Social Media

As we continue in this digital age of post-COVID, our church is trying to maintain a positive presence on social media and encourage folks to join us for worship on YouTube. Help us spread the word about the good news happening at First Presbyterian by liking and sharing our social media posts!

Sarah Hegar, Director of Congregational Ministries

November Birthdays & Anniversaries

- 1 Bryce Creager
Gene & Kathie McWhirter's Anniversary**
- 2 Verla Barker**
- 4 Sandy Memler**
- 5 Brett Baccam, Tammy Shull**

- 7 Debra Rodgers**
- 8 Scotty Redgate**
- 12 Tom Ellsworth
Steve & Mary Murphy's Anniversary**

- 13 Brandon Beauchamp**
- 15 Maison Ashton, Dave Heusmann**
- 16 Pat Richenberger, Hannah Stater**
- 18 Bob Welander, Ted Wiley
Wendell & Marj Thimmesch's Anniversary**

- 20 Kyle Kauffman**
- 21 Carl Frank**
- 23 Paige Stater, Carrie Vincent**

- 25 Steve Murphy, Paula Wiley**
- 26 Ethan Stensvaag, Travis Van De Berg**

- 27 Jonathan Stensvaag, Kendin Scheitlin
Bob & Barb Welander's Anniversary**
- 28 Brennan Bender**
- 29 John Schroeder
Al & Sandy Memler's Anniversary**
- 30 Kevin Knox, Jeff Willham**